

JULIANA E. FRENCH, M.S.

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EDUCATION

Ph.D. in Social Psychology (expected 2021)

Florida State University, Tallahassee, FL
Major advisor: Andrea Meltzer
Other mentors: Jon Maner, Jim McNulty

M.S. in Experimental Psychology (2015)

Villanova University, Villanova, PA
Major advisor: Patrick Markey
Other mentors: Erica Slotter, Michael Brown

M.E. in Education (2011)

Wilmington University, Newark, DE

B.S. in Psychology with Minor in Biological Anthropology (2009)

Loyola University Chicago, Chicago, IL
Magna Cum Laude
Psychology honors thesis advisor: R. Scott Tindale

RESEARCH OVERVIEW

My program of research uses an interdisciplinary approach informed by both biobehavioral perspectives and classic social psychology to generate novel predictions about long-term relationship maintenance. One line of my research draws upon biobehavioral perspectives to generate novel predictions about individual differences underlying fundamental relationship motives and their implications for consequential relationship behaviors and outcomes, such as unprotected sex, partner standards, and divorce. A second line of my research examines how one particular environmental factor that alters women's physiology—hormonal contraceptives—impacts relationship processes.

PUBLICATIONS

**denotes supervised undergraduate student*

French, J. E., & Meltzer, A. L. (2020). The implications of changing hormonal contraceptive use after relationship formation. *Evolution and Human Behavior*, *41*, 274-283.

French, J. E., *Whitley, K. A., Altgelt, E. E., & Meltzer, A. L. (2020). Attachment anxiety is associated with childhood unpredictability and predicts intentions to engage in unprotected sex. *Personality and Individual Differences*, *159*, 109858.

- French, J. E.**, Altgelt, E. E., & Meltzer, A. L. (2019). The implications of sociosexuality for marital satisfaction and dissolution. *Psychological Science, 30*, 1460-1472.
- French, J. E.**, & Meltzer, A. L. (2019). Maximizing tendencies in marriage: Accentuating the implications of readily observable partner characteristics for intimates' satisfaction. *Personality and Social Psychology Bulletin, 45*, 1468-1481.
- Altgelt, E. E., *Reyes, M. A., **French, J. E.**, Meltzer, A. L., & McNulty, J. K. (2018). Who is sexually faithful? Own and partner personality traits as predictors of infidelity. *Journal of Social and Personal Relationships, 35*, 600-614.
- Meltzer, A. L., Makhanova, A., Hicks, L. L., **French, J. E.**, McNulty, J. K., & Bradbury, T. N. (2017). Quantifying the sexual afterglow: The lingering benefits of sex and their implications for pair-bonded relationships. *Psychological Science, 28*, 587-598.
- French, J. E.**, Meltzer, A. L., & Maner, J. K. (2017). Men's perceived partner commitment and mate guarding: The moderating role of partner's hormonal contraceptive use. *Evolutionary Behavioral Sciences, 2*, 173-186.
- Oltmanns, J. R., Markey, P. M., & **French, J. E.** (2016). Dissimilarity in physical attractiveness within romantic dyads and differential mate retention behaviors. *Journal of Social and Personal Relationships, 34*, 565-577.
- Markey, P. M., **French, J. E.**, & Markey, C. N. (2015). Violent movies and severe acts of violence: Sensationalism versus science. *Human Communication Research, 41*, 155-173.
- Markey, P. M., Males, M. A., **French, J. E.**, & Markey, C. N. (2015). Lessons from Markey et al. (2015) and Bushman et al. (2015): Sensationalism and integrity in media research. *Human Communication Research, 41*, 184-203.
- Markey, P. M., Markey, C. N., & **French, J. E.** (2015). Violent video games and real-world violence: Rhetoric versus data. *Psychology of Popular Media Culture, 4*, 277-295.

MANUSCRIPTS UNDER REVIEW

- Hicks, L. L., Meltzer, A. L., **French, J. E.**, Altgelt, E. E., Turner, J. A., & McNulty, J. K. (under review). Perceptions of vulnerability to disease moderate the association between daily concerns about contracting COVID-19 and satisfaction with sex. *Archives of Sexual Behavior*.

MANUSCRIPTS IN PREPARATION

- French, J. E.**, & Meltzer, A. L. (in prep). Adaptive calibration of young adult's long-term partner standards.
- French, J. E.**, Makhanova, A., & Meltzer, A. L. (in prep). Early childhood instability and sexual motivations: Moderation by sex and hormonal contraceptives.

French, J. E., *Barron, E., Altgelt, E. E., & Meltzer, A. L. (in prep). Hormonal contraceptives alter women's self-perceived mate value.

French, J. E., Meltzer, A. L., McNulty, J. M., & Overall, N. C. (in prep). Biased perceptions of romantic rivals.

Schafer, K. M., Daurio, A., **French, J. E.,** Rogers, M., Meltzer, A. L., Cogle, J., & Joiner, T. (in prep). The relation between anger and suicidal ideation: Investigations in five samples.

CHAPTERS

French, J. E., Peters, S. D., Breedin, O. W., Altgelt, E. E., & Meltzer, A. L. (in prep). Shifts in partner attractiveness. In T. Shackelford (Ed.), *Cambridge Handbook of Evolutionary Perspectives on Sexual Psychology, Volume 3: Female Sexual Adaptations*. New York: Springer.

French, J. E., & Meltzer, A. L. (2018). Mate choice effects. In T. Shackelford & V. Weekes-Shackelford (Eds.), *Encyclopedia of Evolutionary Psychological Science*. Cambridge University Press.

ACTIVE RESEARCH PROJECTS

(representative studies in which data collection is underway or completed)

French, J. E., & Meltzer, A. L. Longitudinal investigations of attraction, intrasexual rivalry, and relationship formation and dissolution using virtual speed-dating.

Peters, S. D., **French J. E.,** Meltzer, A. L., & Maner, J. K. Short and long-term dual-mating systems.

French J. E., & Meltzer, A. L. Considering the evolutionary mismatch of hormonal contraceptives for women's sexual motivations.

French, J. E., Altgelt, E. E., & Meltzer, A. L. Multi-cycle daily diaries assessing women's relationship behaviors.

Meltzer, A. L., **French, J. E.,** & Altgelt, E. E., Peters, S. D., & Li, N. When forced to choose, do women prioritize investment potential or commitment in a long-term partner?

Meltzer, A. L., **French, J. E.,** Altgelt, E. E., McNulty, J. K., & Maner, J. K. Men's stated preferences moderate the association between ovulation and women's own preferences.

FUNDING & FELLOWSHIPS

2019 Research proposal submitted to fund wearable fertility trackers
Ava Science Inc.

- 2018 Ermine M. Owenby, Jr., Fund to Promote Excellence [\$500]
Florida State University
- 2018 Conference Funding [\$115]
International Association of Relationship Research
- 2017 Jane West Fellowship [\$500]
Florida State University
- 2015 Jane West Fellowship [\$1,000]
Florida State University
- 2014 Summer Research Fellowship [\$1,500]
Villanova University
Project title: *Changes in real-time complementarity in female same-sex couples*
- 2014 Graduate Studies Travel Award [\$1,000]
Villanova University
- 2014 Graduate Studies Travel Award [\$750]
Villanova University
- 2014 Travel Award [\$100]
Society for Interpersonal Theory and Research
- 2013-2015 Research Assistantship & Full Tuition Scholarship, *competitively awarded*

HONORS & AWARDS

RESEARCH

- 2020 Research and Creativity Award Nomination
Department of Psychology, Florida State University
- 2020 SPSP Outstanding Research Award [\$100]
Society for Personality and Social Psychology
Title: *Hormonal contraception: A possible evolutionary mismatch for relationships.*
- 2019 Best Social Psychology Graduate Student Publication [\$150]
Florida State University
Title: *Maximizing tendencies in marriage: Accentuating the implications of readily observable partner characteristics for intimates' satisfaction.*
- 2019 Graduate Research Day Oral Presentation Award [\$500]
Florida State University

Title: *The implications of fluctuating birth control: Changes in hormonal contraceptive congruency are associated with women's relationship outcomes.*

- 2019 SPSP Graduate Student Poster Award, Finalist
Society for Personality and Social Psychology
Title: *Do hormonal contraceptives influence the sexual relationship?: Within-person associations may help to explain recent failures to replicate.*
- 2018 Graduate Research Day Oral Presentation Award [\$200]
Florida State University
Title: *The implications of sociosexuality for marital satisfaction and dissolution.*
- 2017 Graduate Student Travel Award [\$500]
Society for Personality and Social Psychology
- 2016 Best Student Oral Presentation [\$80]
Northeastern Evolutionary Psychology Society
Title: *Perceived partner commitment and male mate guarding: The moderating role of hormonal contraceptive use.*

TEACHING

Outstanding Teaching Assistant Award Nominee, *Social Psychology*
Fall 2017; Fall 2018
Florida State University

RECOGNITIONS

- 2017 Summer Institute for Social and Personality Psychology (SISSP)
University of Southern California
- 2014 Phi Kappa Phi
Villanova University

CONFERENCE PRESENTATIONS

**denotes supervised undergraduate student*

CHAired SYMPOSIA

French, J. E., & Meltzer, A. L. (February, 2020). Evolutionary mismatches for relationships, politics, and goal pursuit. Symposium at the annual meeting of the *Society for Personality and Social Psychology*, New Orleans, LA.

French, J. E. (March, 2018). After 'I do': Factors predicting marital outcomes. Symposium at the annual meeting of the *Society for Personality and Social Psychology*, Atlanta, GA.

ORAL PRESENTATIONS

- French, J. E.** (February, 2021). Evolved mechanisms for established relationships in the modern environment. Invited talk at the Evolutionary Psychology Preconference for the *Society of Personality and Social Psychology*.
- French, J. E., & Meltzer, A. L.** (February, 2020). Hormonal contraception: A possible evolutionary mismatch for relationships. Talk presented at the annual meeting of the *Society for Personality and Social Psychology*, New Orleans, LA.
- French, J. E., & Meltzer, A. L.** (April, 2019). The implications of fluctuating birth control: Changes in hormonal contraceptive congruency are associated with women's relationship outcomes. Talk presented at Graduate Research Day at Florida State University, Tallahassee, FL.
- French, J. E., Altgelt, E. E., & Meltzer, A. L.** (July, 2018). When forced to choose, do women prioritize investment potential or commitment in a long term partner?. Talk presented at bi-annual meeting of the *International Association for Relationship Research*, Fort Collins, CO.
- French, J. E., Altgelt, E. E., & Meltzer, A. L.** (April, 2018). The implications of sociosexuality for marital satisfaction and dissolution. Talk presented at Graduate Research Day at Florida State University, Tallahassee, FL.
- French, J. E., Altgelt, E. E., & Meltzer, A. L.** (March, 2018). The implications of sociosexuality for marital satisfaction and dissolution. Talk presented at the annual meeting of the *Society for Personality and Social Psychology*, Atlanta, GA.
- French, J. E., Altgelt, E. E., & Meltzer, A. L.** (November, 2017). The implications of sociosexuality for marital satisfaction and dissolution. Talk presented at the annual meeting of the *Society for Southeastern Social Psychologists*, Atlantic Beach, FL.
- French, J. E., & Meltzer, A. L.** (June, 2017). Partner attractiveness differentially predicts men's and women's relationship satisfaction among maximizers but not among satisficers. Talk presented at the annual meeting of the *Northeastern Evolutionary Psychology Society*, Binghamton, NY.
- French, J. E., Meltzer, A. L., & Maner, J. K.** (November, 2016). Perceived partner commitment and male mate guarding: The moderating role of hormonal contraceptive use. Talk presented at annual meeting of the *Society for Southeastern Social Psychologists*, Asheville, NC.
- French, J. E., Meltzer, A. L., & Maner, J. K.** (June, 2016). Perceived partner commitment and male mate guarding: The moderating role of hormonal contraceptive use. Talk presented at annual meeting of the *Northeastern Evolutionary Psychology Society*, Halifax, Nova Scotia, CA.

POSTER PRESENTATIONS

- French, J. E., & Meltzer, A. L.** (May, 2019). Recalibrating the hormonal contraceptive congruency hypothesis: Longitudinal changes in congruency status predicts women's satisfaction. Poster presented at annual meeting of the *Human Behavior and Evolution Society*, Boston, MA.

- French, J. E., & Meltzer, A. L.** (February, 2019). Do hormonal contraceptives influence the sexual relationship?: Within-person associations may help to explain recent failures to replicate. Poster presented at annual meeting of the *Society for Personality and Social Psychology*, Portland, OR.
- *Reyes, M. A., Altgelt, E. E., **French, J. E.**, Meltzer, A. L., & McNulty, J. K. (March, 2018). Who is sexually faithful?: Own and partner personality traits as predictors of infidelity. Poster presented at annual meeting of the *Society for Personality and Social Psychology*, Atlanta, GA.
- *Espinal, K., *Alicea-Lozada, L., **French, J. E.**, Altgelt, E. E., & Meltzer, A. L. (November, 2017). Material girl or stand by me?: Women prioritize commitment over earning potential in long-term partners. Poster presented at annual meeting of the *Society for Southeastern Social Psychologists*, Atlantic Beach, FL.
- French, J. E., & Meltzer, A. L.** (June, 2017). Partner attractiveness differentially predicts men's and women's relationship satisfaction among maximizers but not among satisficers. Poster presented at annual meeting of the *Human Behavior and Evolution Society*, Boise, ID.
- French, J. E., & Meltzer, A. L.** (April, 2017). Partner attractiveness differentially predicts men's and women's relationship satisfaction among maximizers but not among satisficers. Poster presented at annual Graduate Research Day at Florida State University, Tallahassee, FL.
- French, J. E., & Meltzer, A. L.** (January, 2017). Partner attractiveness differentially predicts men's and women's relationship satisfaction among maximizers but not among satisficers. Poster presented at annual meeting of the *Society for Personality and Social Psychology*, San Antonio, TX.
- French, J. E., Meltzer, A. L., & Maner, J. K.** (April, 2016). Perceived partner commitment and male mate guarding: The moderating role of hormonal contraceptive use. Poster presented at annual Graduate Research Day at Florida State University, Tallahassee, FL.
- French, J. E., Meltzer, A. L., & Maner, J. K.** (January, 2016). Perceived partner commitment and male mate guarding: The moderating role of hormonal contraceptive use. Poster presented at annual meeting of the *Society for Personality and Social Psychology*, San Diego, CA.
- French, J. E., Muttitt, K., Lee, Y., Brooks, B., & Markey, P. M.** (May, 2015). Interpersonal effects of fitness on aggression directed toward intrasexual competitors in a mating context. Poster presented at annual meeting of the *Society for Interpersonal Theory and Research*, Toronto, CA.
- Mahar, E., Grom, J., Oltmanns, J. R., **French, J. E.**, & Markey, P. M. (May, 2015). Interpersonal problems and mismatch to ideal relationships. Poster presented at annual meeting of the *Society for Interpersonal Theory and Research*, Toronto, CA.
- French, J. E., & Slotter, E. B.** (February, 2015). He loves me, he loves me not: Mate value predicts women's relationship-specific attachment anxiety. Poster presented at annual meeting of the *Society for Personality and Social Psychology*, Long Beach, CA.

French, J. E., Altgelt, E. E., & Meltzer, A. L. (March, 2018). The implications of sociosexuality for marital satisfaction and dissolution. Talk to be presented at the annual meeting of the *Society for Personality and Social Psychology*, Atlanta, GA.

French, J. E., Good, E. G., Brinkman, C. S., & Markey, P. M. (June, 2014). Changes in real-time complementarity in female same-sex couples. Poster presented at annual meeting of the *Society for Interpersonal Theory and Research*, New Haven, CT.

Oltmanns, J. R., **French, J. E.,** *Liberta, T., & Markey, P. M. (June, 2014). Physical attractiveness within romantic dyads and mate retention tactics. Poster presented at annual meeting of the *Society for Interpersonal Theory and Research*, New Haven, CT.

PROFESSIONAL DEVELOPMENT

- 2019 *Workshop on Bayesian Statistics*
Dr. David Kaplan
- 2019 *Dyadic Data Analysis with Mplus*
Dr. Thomas Ledermann
- 2019 *Open Science Workshop*
Dr. Jessica Maxwell
- 2019 *Mediation with Dyadic Data*
Dr. Thomas Ledermann
- 2017 *Computational Social Psychology*
Summer Institute in Social and Personality Psychology
Dr. Stephen Read (Neural network modeling)
Dr. Niall Bolger (Intensive longitudinal methods)
- 2017 *Self-reports Workshop*
Summer Institute in Social and Personality Psychology
Dr. Arthur Stone

UNIVERSITY TEACHING EXPERIENCE

INSTRUCTOR OF RECORD

Evolutionary Psychology at Florida State University
Spring 2021 [1 online section, 100 students]
Fall 2020 [1 online section, 76 students]

Social Psychology at Florida State University
Summer 2020 [1 online section, 86 students]
Spring 2020 [1 lecture section, 73 students]

Fall 2019 [1 lecture section, 181 students]
Spring 2019 [1 lecture section, 219 students]
Fall 2018 [1 lecture section, 220 students]
Spring 2018 [1 lecture section, 218 students]
Fall 2017 [1 lecture section, 200 students]

TEACHING ASSISTANT

Psychology in London, Florida State University International Programs
Summer 2019 [2 courses, 37 students in each]
Course 1: *Individual Differences in the Psychology of Art*
Course 2: *The Moral Psychology of British History*

Research Methods Lab, Florida State University
Spring 2017 [2 lab sections, 58 students]
Fall 2016 [3 lab sections, 86 students]

GUEST LECTURES

Fall 2017 *Descriptive Research*
Course: Research Methods
Florida State University

Spring 2017 *Long-term Relationships*
Course: Social Psychology
Florida State University

Fall 2016 *Biobehavioral Bases of Mating*
Course: Neurobiology of Social Behavior
Florida State University

Fall 2015 *Evolution of Moral Behavior*
Course: Moral Psychology
Florida State University

Fall 2014 *Intimate Relationships*
Course: Developmental Psychology
Villanova University

PROFESSIONAL SERVICE

PEER REVIEWS

Evolutionary Behavioral Sciences
Journal of Social and Personal Relationships
Personal Relationships
Psychological Accelerator

DEPARTMENTAL AND SOCIETAL

- 2020 Undergraduate Research Day Committee, graduate student representative
- 2018 Student Volunteer at annual meeting of the *International Association for Relationship Research*, Fort Collins, CO.
- 2017 Student Chair of Social Psychology Area Meetings
Florida State University
- 2016 Graduate Student Recruitment Committee
Florida State University
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PROFESSIONAL MEMBERSHIPS

- Active Society for Personality and Social Psychology (SPSP)
- Active Human Behavior and Evolution Society (HBES)
- Active American Association for the Advancement of Science (AAAS)
- 2018 International Association for Relationship Research (IARR)
- 2017 Northeastern Evolutionary Psychology Society (NEEPS)
- 2017 Society for Southeastern Social Psychologists (SSSP)
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INVITED BLOG POSTS

- 2020 Evolution & Human Behavior Newsletter. *“Change in hormonal contraceptive, change in heart?”*
- 2019 Character & Context. *“People with a history of casual sex may struggle more in committed relationships.”*
- Character & Context. *“Next!: When does the tendency to carefully weigh your options undermine romantic relationships?”*
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MEDIA

- 2019 Theravive. *“Are you a ‘maximizer’ or a ‘satisficer’? Better find out! Your marital happiness may depend on it.”*
- Science Daily. *“For some people, attractive wives and high status husbands enhance marital quality.”*
- Best Life. *“Science says attractive women and rich men are the recipe for a happy marriage: but it depends on your personality.”*

- 2017 Huffington Post. *“Those good vibes you feel after sex can last for 24 hours, study finds.”*
Forbes. *“The science of sex’s ‘afterglow’.”*
Reader’s Digest. *“Science has found exactly how long the sex “afterglow” lasts.”*
Maxim. *“Here’s how long “sexual afterglow” actually lasts, according to science.”*
Telegraph, UK. *“Sex with your partner brings a 48 hour ‘afterglow’, say scientists.”*
- 2014 The Boston Globe. *“The too cheap pizza buffet. And more surprising insights from the social sciences.”*
Daily Times. *“Villanova prof’s study: Video games may reduce violence.”*
Yahoo! News. *“Do violent video games actually reduce real world crime?”*
Gamespot. *“Violent video games don’t lead to increases in violent crimes, study finds.”*